



Dimensional Behavior
Interventions

DBI NEWSLETTER

SEPTEMBER 2026

Small
Steps
Big ♥
Progress

GEARING UP FOR FALL!

IMPORTANT DATES



901 Day
September 1st

MEMPHIS
PRIDE!



Closed
Labor Day
September 7th



Quarterly Staff Meeting
September 11th

All sessions end at 12:15 PM
Meeting is 1:00 PM – 4:00 PM
at the clinic.

PARENT-FRIENDLY ABA TECHNIQUES FOR HOME



Use Positive Reinforcement
Catch your child doing something
right and praise or reward them!



Break It Down
Divide tasks into small, simple steps
and celebrate each success.



Give Clear Directions
Use simple, specific language and
one step at a time.



Use First, Then
Help your child understand what's
expected with "First ____, then ____."



Be Consistent & Patient
Consistency helps build security and
sets your child up for success.

You've
got this! ♥

A NOTE FROM OUR OWNER



As we step into September and the excitement of a new school year, I want to thank you for being such an important part of the DBI family. Your trust, dedication, and support mean everything to us. Transitions can bring challenges, but with your partnership, we can continue to help our learners build confidence, develop new skills, and reach their goals—at home, at school, and in the community.

Here's to a successful and meaningful school year!

— Erykah Guidry, M.S., BCBA, LBA | Founder & Clinical Director

ASK THE BCBA

Q: How can I encourage my child to follow directions?

A: Use clear, simple directions, give one at a time, and follow with praise when they listen!



KID'S CHALLENGE



This month's challenge:
Practice a daily routine!
Try a morning or bedtime routine together and stick with it for one week!

PARENT REMINDER

Consistency between home, school, and therapy helps our learners succeed!

We're here to partner with you every step of the way.



THERAPY TIP

Fall is a great time to work on:

- ✓ Following multi-step directions
- ✓ Social skills with peers
- ✓ Communication
- ✓ Independence in daily routines

FALL DRESS WEEK FOR STAFF & CLIENTS

September 21st - 25th



MONDAY – Fall Colors Day
Wear your favorite fall colors!
Orange, brown, yellow, red, green, or a combination of them all!



TUESDAY – Fall Kickoff Day
Rep your favorite football team!
Wear a team shirt, jersey, or team colors.



WEDNESDAY – Flannel & Fall Day
Break out the fall vibes!
Wear flannel, plaid, jeans, boots, or your favorite fall-inspired outfit.



THURSDAY – Pumpkin Patch Day
Dress for the pumpkin patch!
Wear orange, overalls, pumpkin-themed clothing, or a cute farmer-inspired outfit.



FRIDAY – Cozy Fall Friday
Finish the week comfy and cozy!
Wear pajamas or your favorite cozy fall outfit.
Please remember that footwear should still be safe and appropriate for clinic activities.

SEPTEMBER BIRTHDAYS

No reported staff
or client birthdays
for September.



HELLO
FALL ♥

CLINIC STAFF HIGHLIGHT



Precious
Jennings ♥

Your dedication, kindness, and hard work make such a difference in our clinic. Thank you for always showing up with a positive attitude and a heart for our learners!



Jessica
Gomez ♥

Thank you for your consistency, flexibility, and the amazing support you provide to our clients and families in their homes!

Same Team
Same Mission
Bigger Dreams ♥



BUILDING SKILLS • SUPPORTING FAMILIES • CELEBRATING PROGRESS

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